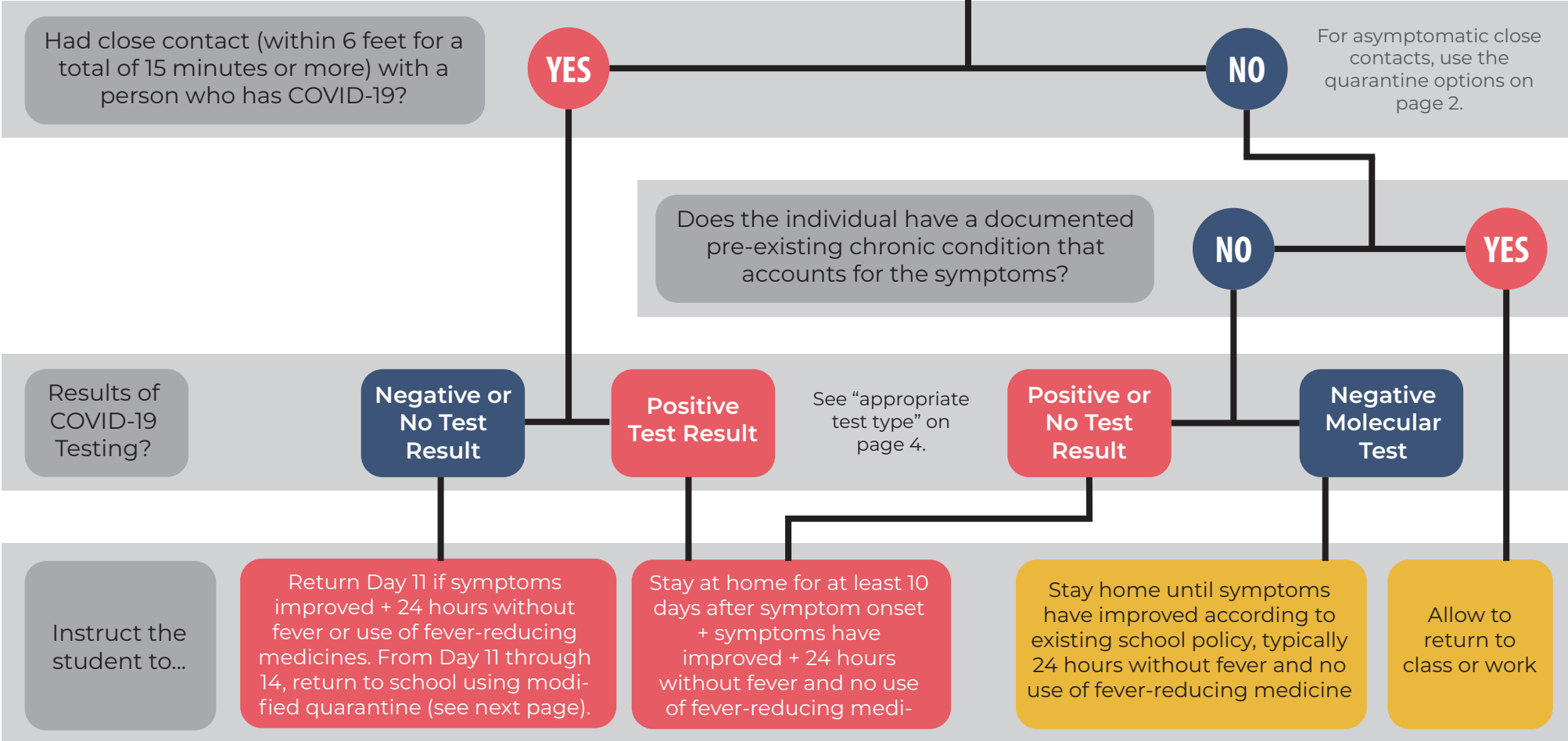
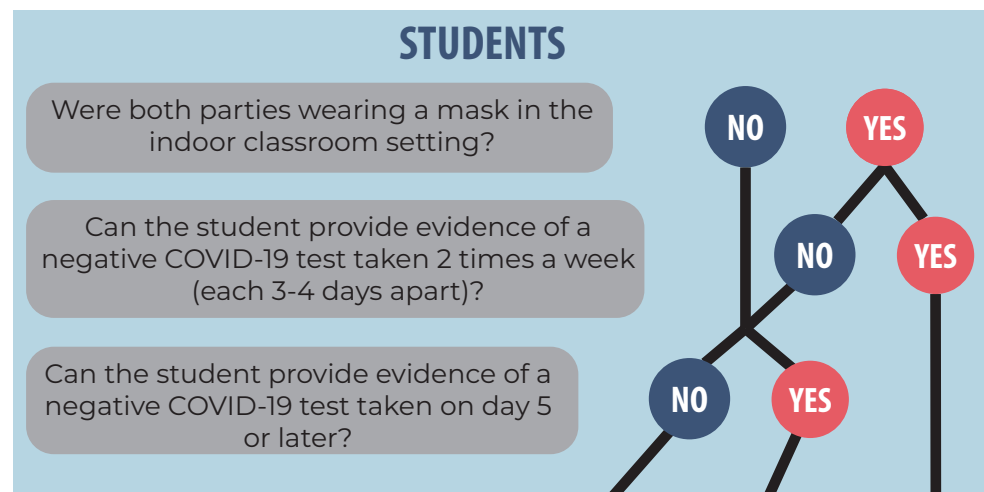
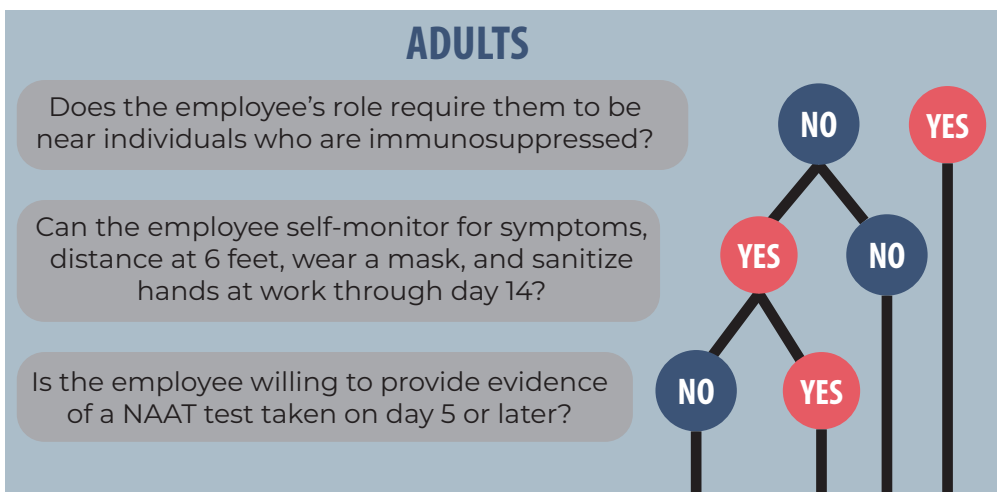
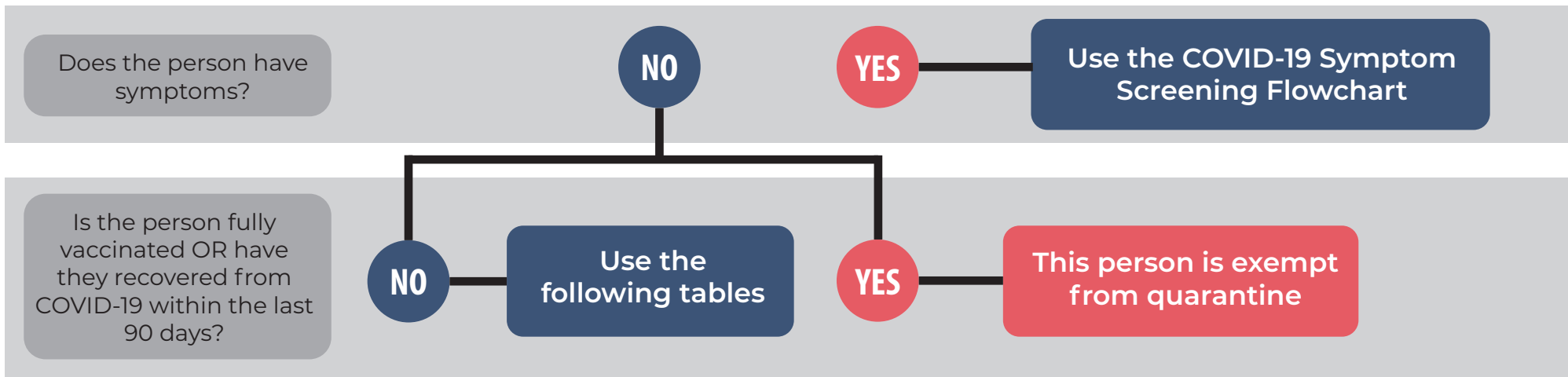


# COVID-19 SCHOOL SYMPTOM SCREENING FLOWCHART

**Individual (vaccinated and unvaccinated) with one or more symptoms associated with COVID-19**



# Quarantine Options Flowchart



Return to school or work if the **additional requirements** specified on the next page can / will be met.

Antigen tests administered on-site may be used for asymptomatic testing when required for quarantine.



# When is quarantine required?

## Quarantine or isolation: What's the difference?

- Quarantine keeps someone who might have been exposed to the virus away from others.
- Isolation keeps someone who is infected with the virus away from others, even in their home.

## Who needs to quarantine?

- People who have been in **close contact** with someone who has COVID-19—excluding people who have had COVID-19 within the past three months or **who are fully vaccinated**.
- People who have tested positive for COVID-19 within the past three months and recovered do not have to quarantine or get tested again as long as they do not develop new symptoms.
  - People who develop symptoms again within three months of their first bout of COVID-19 should follow their doctor's advice on testing.
- People who have been in close contact with someone who has COVID-19 are not required to quarantine if they have been **fully vaccinated** against the disease and show no symptoms.

## What counts as close contact?

- Being within 6 feet of someone who has COVID-19 for a total of 15 minutes or more over a 24-hour period
- Providing care at home to someone who is sick with COVID-19
- Having direct physical contact with the person (hugged or kissed them)
- Sharing eating or drinking utensils
- Being sneezed on, coughed on, or somehow getting respiratory droplets on you from someone with COVID-19

## Additional Requirements for return to school or work before completing 14 days of quarantine:

If symptoms occur, the individual should immediately self-isolate and contact their health care provider or San Diego County Public Health Services and seek testing.

### ADULTS

**Return on Day 15:** No additional requirements.

**Return on Day 11:** May return if the individual is able to abide by the additional requirements described below.

**Return on Day 8:** May return if the individual provides evidence of a negative PCR or other Nucleic Acid Amplification Test administered on or after Day 5 and is able to abide by the additional requirements described below.

**Additional Requirements:** In addition, for all options that allow a return before Day 14, the employee must agree to self monitor for symptoms, maintain 6 feet of physical distancing at all times, and wear a face covering over their nose and mouth as required. Staff members who would be near others who have severe immunosuppressive disorder (e.g., bone marrow or solid organ transplant, chemotherapy) must quarantine for 14 days.

### STUDENTS

**Modified 10 day** (remain in school): Must undergo twice weekly testing (each test 3 or 4 days apart) and continue to quarantine for (i.e., do not participate in) all extracurricular activities at school, including sports, and activities within the community setting through Day 10.

**Return on Day 8:** Provide evidence that a diagnostic specimen collected on or after Day 6 (from the date of last exposure) is negative.

**Return on Day 11** is permitted without testing

**Additional Requirements:** In addition, for all options that allow a return to in-person instruction before Day 14, the student must continue daily self-monitoring for symptoms through Day 14 from last known exposure; AND follow all recommended non-pharmaceutical interventions (e.g., wearing a mask indoors and outdoors when others are present, hand washing, avoiding crowds) through Day 14 from last known exposure.

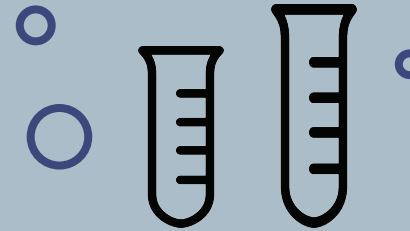
## Appropriate Test Types:

### Molecular Tests

- Lab-based PCR
- Rapid molecular tests (PCR-like)

### Antigen On-Site (or at home as part of a state pilot)

- If symptomatic, a negative antigen test requires molecular test (PCR, LAMP, NAAT) confirmation and individuals should isolate until test results are available.
- If asymptomatic, a positive test requires a confirmation with a molecular test (PCR, LAMP, NAAT) and individuals should isolate until confirmatory test results are available.



## Populations Tested:

- Staff or students with symptoms, regardless of vaccination status
- Unvaccinated students or staff who are close contacts to remain in school for a modified quarantine as described in **CDPH K-12 Guidance**.

